

# CAVENDISH SCHOOL SUMMER MENU



## WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Farm assured Pork  
Sausage with  
gravy  
(G,Su,Mk,E)

**Cottage pie**  
(G,Mk,E)

Lamb Rogan josh  
(G,Ce)

Roast Chicken  
(Su)

MSC baked  
fish fingers  
(F,G,E)

VEGGIE MAIN

Vegetarian Burger  
(G,E)

**Courgette, pepper  
and tomato pasta**  
(E,Mk,G,So)

**Garam masala  
spiced chick peas  
with vegetables**  
(Mu,Ce)

Sweet potato  
casserole  
(G,E,Mk)

Mild Vegetable Chilli  
Carne with nachos  
(Ce,G)

LITTLE EXTRA

Mash potatoes  
(Mk)

Jacket potatoes

Rice or naan bread  
(G)

Roast potatoes

Baked oven chips

FROM THE  
ALLOTMENT

Broccoli  
...  
Sweet corn

Carrots  
...  
Peas

Green beans  
...  
Cabbage

Sweetcorn  
...  
Green beans

Garden peas  
...  
Baked beans

PUDDING

Pancake  
with jam  
(G,Mk,E)

Fresh fruits  
Vegetarian jelly  
Yoghurt  
(Mk)

**Double chocolate  
Sponge with  
Chocolate sauce**  
(G,Mk,E)

Fresh fruits  
Vegetarian jelly  
Yogurt  
(Mk)

Eton mess  
(Mk,E)

**LOOK OUT!**  
ALLERGENS

Ce = Celery  
Cr = Crustacean  
E = Eggs

F = Fish  
G = Cereals containing Gluten  
L = Lupin

Mk = Milk  
Mo = Molluscs  
Mu = Mustard

N = Nuts  
P = Peanuts  
Se = Sesame Seeds

So = Soya  
Su = Sulphur Dioxide

21<sup>ST</sup> APRIL



19<sup>TH</sup> MAY



23<sup>RD</sup> JUNE



4<sup>TH</sup> JULY



Week 1: 14 April, 3 May, 23 May 20 Jun Week 2: 18 April, 9 May, 6 June, 27 June Week 3: 25 April, 16 May, 13 June, 4 July

# CAVENDISH SCHOOL SUMMER MENU



WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Chicken Balti  
(Su,Mu,Mk,G,Ce)

Spaghetti  
Bolognaise  
(Su,So,Mk,G,Ce)

Roast leg of lamb  
with gravy  
(Su)

Savoury Sausage  
meat plait  
(G,Mk,Su,Mu,Se)

Fish finger  
Breaded Pollock  
Fillet  
(G,Mu,F,E)

VEGGIE MAIN

Cauliflower and potato  
curry  
(Ce,Su,G)

Penne pasta in a  
tomato sauce  
(Mk,E,G)

Wholemeal cheese  
and onion quiche  
(Su)

Cheesy Pizza  
(G,Mk)

Vegetable samosa  
(G,Su,Mk,Ce)

LITTLE EXTRA

Steamed rice

Garlic bread  
(G)

Roast potato  
(Mu,G)

Baby potatoes

Baked oven chips

FROM THE  
ALLOTMENT

Peas  
...  
Cauliflower

Carrots  
...  
Broccoli

Sweetcorn  
...  
Cabbage

Sweetcorn  
...  
Green beans

Garden peas  
...  
Baked beans

PUDDING

Apple filo pie  
With custard (Mk,G)

Fresh fruits  
Vegetarian jelly  
Yoghurt  
(Mk)

Banana cake  
(G,Mk,E)

Fresh fruits  
Vegetarian jelly  
Yoghurt  
(Mk)

Chocolate mousse  
(Mk)

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# CAVENDISH SCHOOL SUMMER MENU



WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Moroccan Lamb  
targine  
(G,SU,Ce)

Pasta Carbonara  
(G,Su,Ce,E)

Sweet and sour pork  
(G,Su,Ce)

Turkey meatballs  
with penne pasta  
(G,So,Mu,Se)

Fish fingers  
Salmon and broccoli  
pie  
(F,E,Mk)

VEGGIE MAIN

Tarka Dhal with  
spinach  
(G,Su, Ce)

Macaroni chesse  
(Mk,E,G)

Gnocchi with a  
ratatouille sauce  
(G,Mk)

Chunky vegetable  
and halloumi filled  
pitta  
(G,So,Mu,Se)

Cauliflower and  
spinach bake  
(Mk,G)

LITTLE EXTRA

Cous-cous  
(G,Mk,So)

Pasta  
(G)

Turmeric rice

Spaghetti  
(E,G)

Oven baked chips

FROM THE  
ALLOTMENT

Green beans  
...  
Sweetcorn

Carrots  
...  
Peas

Broccoli  
...  
Cabbage

Mixed vegetables

Garden peas  
...  
Baked beans

PUDDING

Peach and apple  
Crumble  
(G,MK,E)

Fresh fruits  
Vegetarian jelly  
Yoghurt  
(Mk)

Carrot cake with  
Frosted top  
(G,Mk,E)

Fresh fruits  
Vegetarian jelly  
Yoghurt  
(Mk)

Lemon drizzle cake  
with custard  
(So,G,E,Mk)

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